



Come Join the CAMcare Family for One of Our Many Healthy Living Programs

Ⓢ American Diabetes Association Recognized Diabetes Classes

Free to you and your Family

2nd Wednesday (English) 10am-12pm

4th Wednesday (Spanish) 10am-12pm

Please register with Maria Colon RD 583-2466 or through your Providers Office

Ⓢ Free Monthly Eye Exams for All Ages- 3rd Monday

The exams are supported by the NJ Commission for the Blind
for underinsured or uninsured patients

They are scheduled exams and are very popular

You will be given a prescription for glasses but they do NOT supply lenses.

Please schedule your exam with any receptionist or call 541-8217

Ⓢ Bi annual Diabetic Eye Exams

The exams are supported by the NJ Commission for the Blind
for underinsured or uninsured patients

Our next scheduled dates are

March 9th, 2011

October 12, 2011

These are dilated eye exams and require eye drops so your eyes will be blurry.

You should ***not*** schedule this exam during work hours

Sign up sheets are located in Internal Medicine at all sites or you can call:

Rachel King 635-0905

Ⓢ Healthy Weight Classes-Tuesday 1pm

Have fun and learn how to eat right.

We will track your progress of weight if you would like or just come and learn

Classes are taught by Rutgers University Co Operative Outreach Extension of Camden
County

Call Maria Colon RD to sign up ext. 2466 Or 583-2466

